Value-added personal health services

At UnitedHealthcare, our value-added services come standard with most medical products. These programs and services help members stay healthy and offer resources and support in the event of a serious illness. We specialize in making it easy for our members to access reliable information when and how they want to.

UnitedHealth Premium*: Innovation for quality and affordability

Using quality and efficiency designated doctors makes health care more affordable for everyone in the long run. The UnitedHealth Premium designation program drives affordability by identifying physicians who have demonstrated adherence to evidence-based quality and cost efficiency criteria.

UnitedHealth Premium1 lets members compare physician and facility performance against national quality and cost measures – quickly, easily and reliably. Members can find information about physicians and specialty centers that meet or exceed externally published evidence-based quality and performance standards in order to make more informed choices when seeking care.

UnitedHealth Wellness® portfolio

We now know that modifiable health behaviors such as obesity, lack of exercise, smoking and stress account for up to 70 percent of all chronic diseases in the United States.2 That realization is leading employers to embrace initiatives that address the underlying causes of chronic illness with innovative programs to promote healthy habits.

UnitedHealth Wellness provides a comprehensive portfolio of on-site (workplace), online and telephone-based programs and services that may help individuals lead more productive, healthy lives.

UnitedHealth Wellness offers programs that can help address preventable health care costs:

- Weight management
- Exercise
- Stress management
- Healthy pregnancy
- Healthy eating
- Smoking cessation
- Heart health and diabetes lifestyle management

United Resource Networks

Patients with complex, unusual or rare medical conditions can have better outcomes when they are diagnosed and treated by medical professionals with precise clinical expertise. UnitedHealthcare’s Centers of Excellence networks provide access to leading health care facilities and services to support safe, successful and cost-effective disease management.

United Resource Networks identifies specialists that meet strict evaluation requirements:

- Transplant Resource Services
- Cancer Resource Services
- Congenital Heart Disease Resource Services
- Kidney Resource Services
- Neonatal Resource Services

1 For a complete description of the UnitedHealth Premium designation program, including details on the methodology used, geographic availability and program limitations, please see myuhc.com.®

2 Center for Disease Control’s National Center for Chronic Disease Prevention and Health Promotion http://www.cdc.gov/nccdphp/
UnitedHealthcare® resources

Care24 is a comprehensive service that gives your employees access to a wide range of resources. One toll-free number puts them in touch with nurses, counselors, financial consultants and attorneys – 24 hours a day, seven days a week.

For situations where in-person resources are needed, Care24 contracts with more than 9,000 professionals nationwide who provide local, in-person support. In addition, our database of more than 60,000 unique community resources, representing 400,000 points of expertise, adds to Care24’s depth of service.

Care24 also offers audio messages on more than 1,100 health and well-being topics. Most topics are available in Spanish, and we provide translation services for over 150 languages.

United Behavioral Health

Depression and other behavioral health conditions affect millions of Americans. Our goal is to help employers manage these costs by helping people improve their total health and productivity through our affiliate United Behavioral Health.

Over 60,000 specialists are available day or night for consultation through multiple access channels, including phone and online. Counselors include master’s-level professionals staff psychiatrists with expertise in chemical dependency, child/adolescent issues and psychotic disorders. Comprehensive behavioral health and substance abuse services, including features like:

- Support and treatment for mental health and substance abuse issues
- Integration with medical benefits for streamlined administration
- Indirect and direct cost savings

A complete health care experience

In addition we offer a full range of programs, resources and tools to help control costs and help your employees manage their health and well-being. Ask about these additional value-added services:

- Care Management
- Disease Management
- Reminders Program
- myuhc.com®

Contact us today

For more information, please contact your broker or UnitedHealthcare representative.