

Fertility Solutions



Fertility issues can be challenging, complicated and expensive. As an employer, you can help employees find solutions that provide clinically guided support and education that empowers them to make informed health care decisions and maximize outcomes.

A widespread concern, shared equally by women and men.



Fertility Solutions helps deliver uniquely personal, effective support.

Fertility Solutions is made up of education, counseling and access to a national Centers of Excellence (COE) of qualified infertility treatment clinics. These essential pillars help align treatment to help achieve better outcomes.

Fertility benefit recommendations.

Recommendations for benefits that:

- Are evidence based and designed to stay relevant to employee needs.
- Help employers offer necessary coverage options to treat fertility concerns.

Nurse case management.

Helps deliver guidance and support by:

- Providing education on treatment path.
- Guiding members through treatment decisions.
- Educating members on the benefits of seeking treatment with a quality provider.

Centers of Excellence.

Top fertility doctors and facilities that meet best-practice criteria:

- Help identify providers who demonstrate adherence to evidence-based practices.
- Aligned with the American Society of Reproductive Medicine's practice guidelines.
- Key measures include live birth rates and multiple birth rates.

1 in 8

couples has trouble getting pregnant or sustaining pregnancy.¹

17%

of women use fertility services.²

Birth rates are declining

for women under age 30 and rising for women aged 30–44, driving the need for fertility support.³

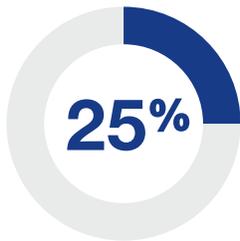
The support employees may need across all stages of the infertility treatment.

Fertility Solutions helps guide members through the fertility landscape with tools and support to help them make more informed treatment decisions.

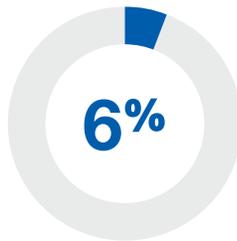
This guidance helps support better health outcomes and more cost-effective treatment paths.

Fertility Solutions drives significant results.

Fertility Solutions connects employees to accessible, quality prenatal care to help ensure healthier and safer pregnancy and delivery, reducing multiple births and preterm deliveries and lowering newborn costs for both employees and employers.



reduction in costs with use of Fertility Solutions Centers of Excellence providers.⁵



reduction in multiple births with access to the solution.⁵



reduction in multiple births* with mandatory enrollment.⁵



Offering a fertility benefit helps communicate that you value family building and understand the support necessary to help your employees through an emotional and taxing journey. This can help improve employee engagement and drive employee satisfaction. It also differentiates you from other companies that do not offer fertility coverage.

Learn how Fertility Solutions helps employees with treatment to help achieve better outcomes. Contact your UnitedHealthcare representative for more information.

Unmanaged fertility treatments have a significantly higher amount of multiple births.

Multiple births are 5–20 times more expensive than single births.⁴

20% vs. 4.7%
multiple births with no fertility treatments.⁴

*Multiple births – particularly triplets or more – can lead to increased risk for mother and babies.⁵

**Dependent on current utilization and management.

1. Resolve. Fast Facts About Infertility. resolve.org/about/fast-facts-about-fertility.html. Accessed August 12, 2016.

2. American Society for Reproductive Medicine. Frequently Asked Questions About Infertility. reproductivefacts.org/awards/index.aspx?id=3012. Accessed August 12, 2016.

3. NCHS, National Vital Statistics System, Natality.

4. Lemos EV, Zhang D, Van Voorhis BJ, et al. Healthcare expenses associated with multiple vs. singleton pregnancies in the United States. *Am J Obstet Gynecol* 2013;209:586.e1-11.

5. Book of Business analysis clients having three years' program experience. Completed 2014.

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